

Sea Glass Found: Sample Itinerary

Man-O-War Cay, Abacos Bahamas



Day ONE – ARRIVAL

- We will pick your group up at the Marsh Harbor Airport, drive 10 minutes to the boat dock, and hop on the boat for a 15-minute ride to the property.
 - *In Marsh Harbor, we recommend picking up any groceries, beverages, supplies not purchased in advance.*
- Dinner: Owner's Welcome Dinner – one of our favorite local chefs will prepare and serve a traditional Bahamian meal at the Cabana

Day TWO – Beach Day on property

- Explore your 20-acre private peninsula from land or sea! Grab a paddleboard, kayak, or snorkel gear and enjoy the calm, clear waters surrounding the property.
 - Or grab a cushioned, shaded lounge chair on East or South Beach
- Dinner: Leave the property in early evening for a sunset cruise and dinner at Firefly Bar and Grill on Elbow Cay.

Day THREE – Island Hopping and Wildlife Day

- Leave the property in the morning and head north to Manjack Cay to feed friendly stingrays, lemon and nurse sharks.
- From there, go south to feed sea turtles at Green Turtle Cay.
 - *Make a pit stop at Pineapples Bar and Grill to lounge in the waterfront pool while enjoying an island beverage*
- Continue to No Name Cay to swim with the pigs and check out Big O's.
- Lunch: Enjoy a vibrant, scenic meal overlooking the Atlantic Ocean at Nippers Beach Bar and Grill
 - *Play on the beach or take a dip in the salt-water pool*
- Dinner: Local catering from the owners of Dock-N-Dine

Sea Glass Found: Sample Itinerary

Man-O-War Cay, Abacos Bahamas



Day FOUR – Fish the Sea of Abaco and the deep Atlantic Ocean

- Fishing can be a half day or full day experience.
- Guests can net grouper, snapper, wahoo, yellowtail and more in the Sea of Abaco minutes from the property's marina.
- On our 33-foot Boston Whalers, the deep waters of the Atlantic can be reached fast where sport fishermen from around the world come to chase marlin, sailfish, tuna, and mahi-mahi.
- Dinner: Return to the property for a sunset bonfire and freshly prepared conch-salad on Sunset Beach followed by a BBQ at the Cabana prepared by a staff member or member of your party.
 - *Post-Dinner: Family "Movie Night Under the Stars" on our projector screen*

Day FIVE – Relaxation Beach Day + Local Snorkeling Excursions

- After two days on the water, some members of your group might wish to rest on property and have a beach day.
 - We can also have two local massage therapist travel to the property – true relaxation!
- For those wishing to venture out again, we will head to famous nearby snorkeling locations such as:
 - Fowl Cays National Park to explore coral reefs and seagrass beds
 - The 1862 wreckage of the USS Adirondack, a Civil War ship, that is right off the northeastern tip of the property
- Dinner: Leave the property in early evening for a sunset cruise and dinner at Grabbers on Great Guana Cay.

Sea Glass Found: Sample Itinerary

Man-O-War Cay, Abacos Bahamas



Day SIX – Island Hopping and Watersports

- Leave the property in the morning and head south to Pete’s Pub and Gallery on Little Harbour.
 - *On the way, enjoy some wakeboarding, water skiing, towed tubing, or soar like a sting-ray with the Sub-Wing.*
- After lunch at Pete’s Pub, head north to Tahiti Beach, an isolated, tidal sand bar.
 - *The kids can splash around in the shallow waters while the adults enjoy some island beverages from the Thirsty Cuda, Floating Bar and Grill.*
- Dinner: Leave the property in early evening for a sunset cruise and dinner at the Abaco Inn Restaurant on Elbow Cay.

Day SEVEN – DEPARTURE

- Snap a few more photos and mental images before hopping on the boats to catch your flight out of Marsh Harbor Airport!

Sea Glass Found: Nearby Restaurants

Man-O-War Cay, Abacos Bahamas



Marsh Harbor

- Wally's Restaurant: fine Bahamian dining in open air with courtyard and harbor views, reservations recommended
- Colors by the Sea: casual dining on the water, excellent fresh and fried food and island drinks
- Snappas Bar and Grill: waterfront dining with extensive food and drink menu – great tacos and appetizers
- Angler's Restaurant at Abaco Beach Resort: finer dining
- Jib Room Restaurant
- Abaco Pizza: surprisingly good – a nice option for Pizza night on property
- And more!

North of Man-O-War: Great Guana Cay, Green Turtle Cay

- Pineapples Bar and Grill: lovely waterfront setting with saltwater pool, high quality Bahamian cuisine, fresh seafood, and sushi – super friendly staff
- The Boathouse Bar and Restaurant: indoor and outdoor seating with water views, finer dining, often has live music
- The Tranquil Turtle: situated on dock near private beach, island food and tropical drinks
- Big O's and Swimming Pigs: sprawling waterfront restaurant, pool with swim up bar, gift shop, great local food & island drinks, games
- Nipper's Bar and Grill: an Abacos Institution! Enjoy great food and drinks overlooking the Atlantic Ocean. For almost 30 years, people have been partying at Nippers – don't miss it!
- Grabber's Bed Bar and Grill: Waterfront, beachy restaurant with extensive menu, yard games, big screen TVs

Sea Glass Found: Nearby Restaurants

Man-O-War Cay, Abacos Bahamas



South of Man-O-War: Elbow Cay, Little Harbor

- FireFly Bar and Grill: Finer dining in the Abacos and Firefly never disappoints. The menu is extensive, and the food is unique. Excellent sunsets and an awesome vibe. Indoor and outdoor seating is available. Reservations are needed!
- Abaco Inn Restaurant: Finer dining - The atmosphere is laid back, the food is elegant and local fish are caught fresh daily. The Abaco Inn Restaurant serves breakfast, lunch and dinner in the main dining room as well as on the porch overlooking the beautiful blue water.
- Pete's Pub and Gallery: Pete's is an open air restaurant and bar with a sand floor. The scenery is beautiful and the food is great! They always have fresh fish on the menu – usually served with the local dish 'Peas n Rice' and their heavenly Pineapple Walnut Cole Slaw. Take pictures of the sun setting over the harbour and take the 'walk-over' to see the wild Atlantic.
- Cap'N Jacks: Located on the water with excellent views of the Elbow Reef Lighthouse, Cap'N Jacks has fresh Bahamian cuisine and the strongest drinks in the area.
- On Da Beach: Known for the Turtle Racer (their specialty drink) and fun atmosphere, this is the perfect spot to enjoy a rum drink and good food!
- The Hope Town Inn and Marina: Bridget's Rum Bar is open and serving tasty treats and yummy drinks daily starting 8:00am to 9:00pm!
- And more!